

ULLENS NEWS

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MESSAGE FROM THE PRINCIPAL



Dear Parents and Guardians,

As we conclude this academic session and prepare to welcome a new one, I would like to extend my heartfelt gratitude to our current parent community and a warm welcome to the new members of the Ullens School Kathmandu family. We look forward to partnering with you to enrich our students' learning experiences and support their holistic growth.

This year, we proudly marked three years since the inception of Ullens School Kathmandu. On March 11, 2026, we celebrated our third School Day—a moment that reminded us of how far we have come in such a short time. Thank you for being an integral part of this journey. Your support, trust, and partnership have helped us nurture a school community we are immensely proud of.

This year has been truly remarkable. Ullens School Kathmandu's first Grade Ten batch is appearing for the SEE examination, marking an important milestone for our school. We hosted the Unit of Inquiry (UOI) Exhibition for Grades Four and Five and celebrated Class Days for KG to Grade Three in the wonderful presence of our parents.

We also held a special edition of our Annual Sports Meet, beginning with the Ullens 3K run in solidarity with the Gen Z martyrs.

Our Outdoor Learning Projects (OLPs) for Grades Three to Seven were successfully conducted across various domestic destinations, providing students with enriching experiential learning opportunities.

Looking ahead, the new academic year promises further exciting opportunities. We will continue to enhance our curriculum, integrate innovative learning approaches, and expand platforms for students to shine both inside and outside the classroom. Together, as a school community, we will nurture curious minds, compassionate hearts, and resilient individuals ready to embrace the challenges of the future.

This year has been full of learning, compassion, and a steadfast spirit of togetherness. We thank you for your continued support and look forward to welcoming the new academic year 2083 with enthusiasm and optimism.

Bunu Karki Thapa
Principal
Ullens School Kathmandu

युलेन्स स्कुल काठमाडौं समुदायप्रति कृतज्ञता प्रकट गर्दछ।

गत भाद्रमा हाम्रो विद्यालयमा आइपरेको अप्रत्याशित विपत्तिको कठिन समयमा हाम्रा छरछिमेकका व्यक्तिहरूले देखाउनुभएको साथ, सहयोग र सद्भावप्रति युलेन्स स्कुल काठमाडौं परिवार हृदयदेखि कृतज्ञता व्यक्त गर्दछ।

संकटको घडीमा तपाईंहरूले देखाउनुभएको सचेतता, साहस र जिम्मेवारीबोधले विद्यालयलाई थप क्षतिबाट जोगाउन मात्र होइन, हामी सबैलाई आश्वस्त र बलियो बनाउने काम गर्‍यो।

हामीले कल्पना नगरेको परिस्थितिमा पनि विद्यालय परिसरको सुरक्षामा दिनुभएको योगदान, निरन्तर निगरानी र सहयोगले समुदाय र विद्यालयबीचको गहिरो सम्बन्धलाई अझ सुदृढ बनाएको छ। तपाईंहरूको यो समर्पण, समीप्यता र सहयोगी भावनाले हामीलाई सधैं प्रेरित गर्नेछ।



Farewell to our first-ever Grade Ten Batch of 2082





Curricular Activities



Individual Inquiry Projects (IIP)

We are proud of our Grade Nine students, for successfully presenting their Individual Inquiry Projects (IIP). Through thoughtful research, critical thinking, and confident presentations, they explored meaningful real-world issues and shared insightful findings.

Their exemplary research spanned a wide range of topics, including waste management, mental health, traditions and cultural practices, food habits, autism awareness, and the impact of Gen Z protests on education. Each project reflected depth, relevance, and a strong commitment to understanding contemporary challenges.

Congratulations to our young researchers for their hard work, dedication, and intellectual curiosity!



Short Movie Showcase Day

The English Language Department at Ullens School Kathmandu hosted a Short Movie Showcase, featuring two thoughtful films by Grade Nine and Grade Ten students. *Night* explored adolescent emotional struggles and the importance of wellbeing, while *Hills that Remember* followed a young girl rediscovering her memories in Darjeeling.

The screenings were followed by a Director's Talk, where students shared their inspiration and creative process. We are proud of our students for bringing meaningful stories to life through film.



Unit of Inquiry (UOI)

Grade Four

The Grade Four Unit of Inquiry (UOI) event showcased our students' learning journey through a multidisciplinary theme. Inspired by, *The Toothpaste Millionaire*, students created their own small businesses, demonstrating creativity, critical thinking, and collaboration through engaging stalls and presentations.

The students themselves decided that the funds raised would be donated to Stand Up 4 Elephants in Chitwan, home to rescued elephants Eva and Lhamo. While reading, *The One and Only Ivan*, they made meaningful text-to-world connections by relating the stories of Stella and Ruby to Eva and Lhamo.

Through this experience, students developed empathy and a strong sense of giving back to the community.



Grade Five

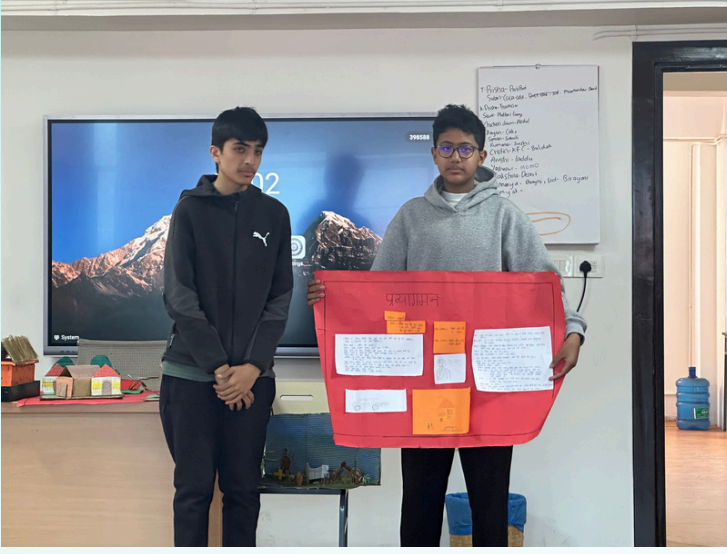


The Unit of Inquiry (UOI) experience explored the complexities of the global economy through a multidisciplinary approach. Focusing on the skincare and cosmetics industry, students examined the “hidden price tags” behind everyday products, uncovering issues such as mica mining, harmful chemicals, and child labor in certain regions of India.

As they engaged with these realities, students made meaningful connections to global issues of fairness, rights, and access to education, developing a deeper sense of empathy and awareness.

Inspired to take action, students designed ethical product prototypes and created social entrepreneurship models that promote responsible practices and support affected communities. Through their ideas and innovations, they demonstrated creativity, critical thinking, and a commitment to building a more just and ethical world.

पठनदेखि प्रस्तुतीकरणसम्म



बहुबौद्धिकताको सिद्धान्तलाई अनुसरण गर्दै कक्षा नौका विद्यार्थीहरूले 'मसान' नाटक र 'नासो' कथा सङ्ग्रहमा आधारित भएर विविध सिर्जनात्मक क्रियाकलापहरू गरेका छन्। सबै विद्यार्थीहरूले पुस्तक अध्ययन गरेपछि बहुबौद्धिकताको सिद्धान्तका आठ वटा क्षेत्रमा आधारित भएर आफ्नो रुचिअनुसार फरक-फरक गतिविधिमा संलग्न भएका छन्।

यस क्रममा विद्यार्थीहरूले कथन विधि अपनाउँदै कथालाई आफ्नै शैलीमा प्रस्तुत गरेका छन् भने केहीले आकर्षक प्रस्तुतीकरण मार्फत आफ्ना बुझाइ साझा गरेका छन्। त्यसैगरी, सिर्जनात्मक क्षमता अभिव्यक्त गर्न मोडेल निर्माणका माध्यमबाट कथाका दृश्य तथा पात्रहरूलाई जीवन्त बनाइएको छ। आधुनिक प्रविधिको प्रयोग गर्दै विद्यार्थीहरूले भिडियो निर्माण मार्फत कथावस्तुलाई दृश्यात्मक रूपमा प्रस्तुत गरेका छन्।

यसका साथै, विद्यार्थीहरूले नेपाली भाषालाई ए.आई.सँग एकीकृत गरेर नवीन तथा सृजनशील कार्यहरू पनि सम्पन्न गरेका छन्, जसले सिकाइ प्रक्रियालाई अझ प्रभावकारी र रोचक बनाएको छ।



Professional Development



Teachers at Ullens School Kathmandu participated in a series of in-house Professional Development sessions facilitated by Ullens Centre for Educator Development (UCED), focusing on strengthening both teaching practices and student learning experiences.

The sessions explored key areas such as transdisciplinary and multidisciplinary approaches, assessment design and item development, team teaching, phonics, project-based learning, and trip-based learning. Together, these themes encouraged meaningful connections across subjects, strengthened classroom collaboration, and supported both foundational literacy and effective evaluation practices.

A key area of focus was enhancing experiential approaches to learning. Teachers shared ideas and insights on making Trip-Based Learning more effective, drawing on its theoretical foundations and exploring ways to ensure meaningful and authentic learning experiences during educational trips. Discussions also centered on engaging students more deeply in Project-Based Learning, with an emphasis on fostering inquiry, creativity, and real-world connections.

Teachers actively engaged throughout—collaborating in groups, reflecting on their understanding, and sharing ideas through discussions and presentations. The sessions created a space for thoughtful exchange and reinforced a shared commitment to holistic, student-centered learning.



More Knowledgeable Other



Parent Guest Speaker session



Grade Two students enjoyed a lively Parent Guest Speaker session on Community Helpers and Diverse Professions. Parents shared simple, real-life glimpses into their work and how they contribute to the community, sparking curiosity and conversation in the classroom. Through these interactions, students not only learned about different professions but also began to appreciate the many roles people play in shaping the world around them.

Grade Four- Literature Fest



The Grade Four Literature Fest was a vibrant celebration of our students' learning journey. In a short span of time, our learners showcased confidence, creativity, and collaboration through a Poetry Workshop with poet Sameen Shakya, engaging Readers' Theatre from "The Greatest Showman", expressive Elocution of "Sick" by Shel Silverstein, energetic JAM, and thoughtful Debate- Novel Engineering: "The Little Prince" by Antoine de Saint-Exupéry.

A beautiful reminder of how stories and words nurture confident speakers, imaginative thinkers, and joyful learners.



Annual Sports Meet 2026



Ullens 3K Run



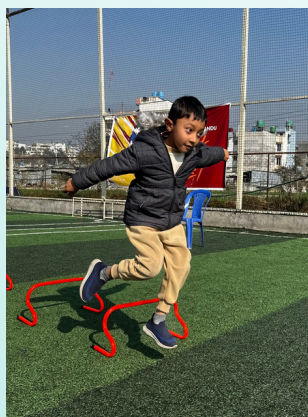
Students from Grades Eight to Ten participated in the Ullens 3K Run on January 20, 2026. The young Gen Z runners dedicated the run in solidarity with the Gen Z martyrs who lost their lives during the recent Gen Z movement.

The run commenced from Ullens School Kathmandu and concluded at Royal Sports Park, Chunikhel. It was jointly inaugurated by the Principal Bunu Karki Thapa and the Ward Chairperson, Mr. Prem Thapa.

Annual Sports Meet 2026

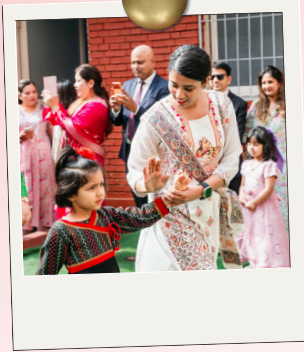


Glimpses from Sports Meet



CELEBRATIONS AT Ullens School Kathmandu

Diversity Week



Diversity Week at Ullens School Kathmandu was a vibrant celebration of the rich cultures and traditions within our community. The occasion came alive through a lively parade, engaging performances, and a joyful potluck, bringing everyone together in the spirit of inclusion and shared appreciation.

The celebrations also coincide with School Day on March 11, marking three years completion of Ullens School Kathmandu's journey—an opportunity to reflect on our growth, achievements, and the strong community we continue to build together.



Class Day Celebrations

Moments from the Class Day celebrations of KG and Grades One to Three



Visual Arts/ Performing Arts Show

Moments from the Visual Arts/Performing Arts Showcase of Grades Six and Seven



Duke of Edinburgh (DoE)

DoE Final Adventure Journey

Our Grade Nine students successfully completed the final Adventure Journey of the Duke of Edinburgh International Award at Ban Jungle Adventure.

From zip-lining and rope-climbing to navigating treetop challenges, they stepped beyond their comfort zones and strengthened teamwork, problem-solving, and confidence in an outdoor setting.

They prepared and cooked their own ready-to-eat meals, learning self-reliance and celebrating their independence. As part of their commitment to service, students also dedicated social service hours to cleaning the premises of Tarkeshwor Temple, reflecting responsibility and community engagement. A meaningful experience that combined adventure, resilience, and service as part of their Duke of Edinburgh journey.



Duke of Edinburgh (DoE)

DoE Practice Journey

In preparation for their Duke of Edinburgh (DoE) Adventure Journey, our Grade Nine students immersed themselves in a Practice Journey that blended learning with excitement. As they hiked from Jagdol to Tarebhir, they experienced firsthand what it means to move as a team—setting up tents, supporting each other, and discovering the beauty of the outdoors. They enjoyed their own packed lunches amidst panoramic views. This journey wasn't just a practice; it was a moment of growth, resilience, and shared adventure.



Voluntary Service

As part of their Duke of Edinburgh (DoE) Project, our Grade Nine students dedicated their weekly voluntary service hours to Hope Hermitage Elderly Care. In this shared space of care and compassion, the students spent meaningful time with the elderly—singing to them, listening to their life stories, creating art together, offering simple acts of help, and even lending a hand in keeping the premises clean.

Through these quiet, sincere moments of connection, our students learnt the true essence of humility, empathy, and benevolence. More than a project, this experience shaped them into socially conscious individuals—young people who understand that kindness, when practiced, has the power to transform lives, including their own.





Learning Beyond BOUNDARIES



Nursery visit

Grade One students visited *The Standard Nursery* in Bansbari, Kathmandu, for a field trip. They observed a variety of plants, including flowers, shrubs, small trees, fruit tree saplings, and succulents, and learned how plants grow from seeds and saplings.

Through age-appropriate hands-on activities, the students explored different parts of a plant and understood that soil, water, sunlight, and proper care are essential for healthy growth. The visit helped them appreciate the importance of plants and the need to take care of them.



National Museum visit



Grade Two students became little historians at the National Museum in Chhauni. From ancient coins to old weapons and national symbols, they explored, questioned, and uncovered the stories of Nepal's past. Every discovery sparked excitement and curiosity.



ICIMOD visit

Grades Four and Five students visited *The International Centre for Integrated Mountain Development* (ICIMOD), Godawari to explore how energy, water, and Earth systems work together in nature. At the Living Mountain Lab, they observed solar cookers, wind-solar hybrid systems, pico-hydropower and hydram pumps, and reminders of how renewable technologies meet human needs sustainably.

Students also learned about rainwater harvesting, drip irrigation, soil conservation, organic farming, biodiversity, aquaponics, and trout farming—deepening their understanding of conservation and responsible use of natural resources.



Simulation Science Centre Visit



Grade Eight students stepped beyond the classroom and into the world of experiential learning at the *Simulation Science Centre*, Chobhar, Kirtipur. Through interactive exhibits, simulations, VR experiences, technology, science demonstrations, and educational science films, students explored scientific concepts in engaging and meaningful ways. It was a wonderful day of curiosity, collaboration, and discovery, where learning truly came alive.



Godawari Botanical Garden Visit

Grade Six and Seven students enjoyed a refreshing day out at *Godawari Botanical Garden*. They explored the garden trails, observed different plants up close, and spent time learning in a calm, natural setting. The trip was filled with laughter, curiosity, and quality time with friends, making it a fun and meaningful break from the classroom.



Fitness Centre Visit



Our KG students explored fitness and fun at a fitness hub and Sankha Park—building healthy habits, one joyful step at a time.





Outdoor Learning Project (OLP)



Grade Three's Overnight trip

Our Grade Three students enjoyed an exciting overnight trip where they had a wonderful time bonding with their peers through structured team-building games, swimming, sharing hearty meals, and engaging in meaningful interactions. The students also shared reflections and went on a short hike.

The experience truly felt like a home away from home, fostering independence, confidence, and joy among our young learners.



Grade Four traverses Namobuddha, Pathlekhet, Balthali



Grade Four students set out on a four-day outdoor learning journey, beginning with a visit to Namobuddha and a stay at Pathlekhet Community Homestay. They experienced village life, shared meals with hosts, enjoyed cultural performances, and hiked toward Balthali while engaging in journaling, team-building, and a bonfire evening.



The trip also included visits to Tamang Gaon, a local community school, Panauti Temple, and Dhulikhel, ending in Bhaktapur with a museum tour and pottery experience. The journey deepened their appreciation of Nepal's heritage while strengthening friendships.

Grade Five's Adventure to Bandipur & Gorkha

Grade Five students embarked on an enriching Outdoor Learning Project in Bandipur, exploring its cultural and historical treasures. From discovering local traditions in Bandipur Bazaar to engaging in hands-on experiences like silkworm farming, mushroom cultivation, and beekeeping, students connected learning with real life. Visits to Tindhara and a hike to Thanimai Dada combined history, nature, and a meaningful cleanliness drive.



The journey continued in Gorkha with visits to the Gorkha Museum and Gorkha Durbar, deepening their understanding of Nepal's heritage. Highlights included a scenic Manakamana Cable Car ride, riverside exploration, and team-building activities, ending with a bonfire and barbecue evening. Students returned with new knowledge, stronger friendships, and lasting memories.



Grade Six Explores Jiri, Sailung & Sukute



Our Grade Six students explored Jiri, Charikot, Sailung, and Sukute through an enriching Outdoor Learning Project. They researched domestic tourism in Jiri, visited Jireswor Mahadev Temple and a technical school, and conducted a geology field study at Khairidhunga. Highlights included a scenic hike across Sailung, a visit to Dolakha Bhimsen Temple, and a vibrant stay in Sukute with school interactions, team-building activities, and a community survey.



Beyond travel, the experience fostered critical thinking, teamwork, independence, and cultural appreciation. Students returned with stronger friendships, broadened perspectives, and meaningful learning beyond the classroom.

Grade Seven's Himalayan Expedition: Pokhara to Australian Base Camp

Grade Seven students explored Pokhara, Dhampus, and Australian Base Camp through an engaging blend of Science and Social Studies. They visited the Himalayan Recycle Center to learn about sustainability, explored cultural sites like the World Peace Pagoda and Tal Barahi Temple, and studied geology at Gupteshwor Cave and Devi's Fall.

A scenic hike to Dhampus saw students researching local livelihoods and tourism, followed by time in nature at Australian Base Camp. The journey concluded with cave explorations and an insightful session on the Annapurna Conservation Program, highlighting the impacts of climate change and development on tourism.



A Center of Excellence in Education

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