

ULLENS NEWS

VOLUME 02, NOVEMBER 2023 TO APRIL 2024

MESSAGE FROM THE PRINCIPAL



Dear Parents and Guardians,

I am pleased to share that Ullens School Kathmandu has successfully completed the academic year 2080. I would like to express my sincere gratitude for your support through this journey. Also, I take this opportunity to extend a warm welcome to the new parents and students of Kindergarten, Grade One, and other grades who have joined the Ullens School Kathmandu family this year. We look forward to working in partnership with you all to enrich students' learning experiences and foster their holistic growth.

Since our last newsletter, we have accomplished notable achievements. One of our most significant achievements has been the successful commencement of our Kindergarten class this April.

We also hosted Curriculum Events for parents across various grades, providing insight into our educational philosophy, grade-specific curriculum, and activities. Your enthusiastic participation and engagement have helped to foster a strong partnership in our shared commitment to your child's educational journey.

Our Grade Eight students appeared in the Basic Level Examination (BLE) and it is with great pride that I share the news that all of them have passed with flying colors.

Additionally, from this year forward, our Grade Nine students will be participating in the Duke of Edinburgh's International Award program. We believe that this initiative will offer unique opportunities for personal development and adventure, and we look forward to seeing our students embrace the challenges and rewards it brings to them.

On November 10, 2023, we had the honor of welcoming the school's Patron, Baron Guy Ullens, along with his team, to Ullens School Kathmandu for the first time. His vision and leadership have been instrumental in establishing Ullens School Kathmandu as a beacon of educational excellence in Nepal.

This newsletter provides an overview of the curricular, co-curricular, and extracurricular activities that took place at Ullens School Kathmandu from November 2023 to April 2024.

As we move forward, we remain dedicated to fostering a nurturing environment that promotes academic excellence and the overall growth of our students. We are grateful for the trust you have placed in us and look forward to another enriching and successful academic year.

Warm regards,

Bunu Karki Thapa

Principal

Ullens School Kathmandu

IN LOVING MEMORY OF



Olga Murray

— JUNE 1, 1925 - FEBRUARY 20, 2024 —

Olga Murray was a cherished friend of the Ullens community, and we remain deeply grateful for her monumental support from the very beginning. She was a beacon of compassion and dedication and profoundly touched the lives of many in Nepal. After a successful career in law, she redirected her life's purpose towards humanitarian work in Nepal. Her unwavering commitment to improving the lives of Nepali children and families is a testament to her extraordinary spirit. Olga's legacy of kindness and service continues to inspire us all.

FIRST DAY OF THE NEW ACADEMIC SESSION 2081



KG AT ULLENS SCHOOL KATHMANDU



We are delighted to share that Ullens School Kathmandu has officially begun KG class! Our KG program provides a strong foundation for your child's edu-

cational journey. Designed to nurture curiosity and creativity, the program includes a blend of play-based and structured learning activities that stimulates

cognitive and social development. We are dedicated to making it a space where the students feel safe, valued, and inspired to grow and explore.



DUKE OF EDINBURGH'S INTERNATIONAL AWARD



From the new academic session 2081, our Ninth graders will be participating in The Duke of Edinburgh's International Award, a global initiative which encourages young learners to discover their potential and achieve personal and professional growth through structured challenges. This partnership opens up incredible opportunities for our students to cultivate valuable life skills, build resilience, and embrace their spirit of adventure.

The Grade Nine students will be participating in the 'Bronze level' award which consists of the following sections:

a. Voluntary Service

Encouraging students to give back to their community and develop a sense of empathy.

b. Skills

Nurturing new talents or improving existing ones for personal and professional growth.

c. Physical Recreation

Promoting a healthy and active lifestyle through sports and other physical activities.

d. Adventurous Journey

Providing students with the opportunity to engage in outdoor adventures and explore new environments.

CURRICULUM EVENTS

At the beginning of the new academic year, we hosted Curriculum Events for parents across all grades. During this event, parents were introduced to Ullens' Philosophy and Pedagogy along with sharing insights into the grade-specific curriculum and activities. The event also included discussions on the focus areas and strategies to support students' holistic growth.

Thank you to all the parents for taking an active step in your child's educational journey.



PATRON BARON GUY ULLENS VISITS ULLENS SCHOOL KATHMANDU

On November 10, 2023, our Patron, Baron Guy Ullens, made his first visit to Ullens School Kathmandu. Accompanied by his team, Baron Guy Ullens was greeted with excitement and enthusiasm by our students.

In his honor, the students put up a marvelous performance that showcased their talents and appreciation for his visit. It was a heartwarming experience to see him interacting with our students and parents.

His visionary guidance and unwavering support have played a pivotal role in shaping the school we are today. We are deeply grateful for his remarkable presence and the impact he has had on our school community.



DIVERSITY DAY

Diversity Day is an annual event that is unique to the Ullens School community which unites the entire school community by celebrating the various cultures, languages, and foods that are present within the school. This event serves as a reminder of the rich tapestry of cultural backgrounds and perspectives that make up Ullens School Kathmandu.

This year, the day began with students and staff, coming to school adorned in their ethnic attire. Then, Grade One, Two,

and Three students put up a mesmerizing show for their parents, including dances, songs, and skits which was followed by a potluck lunch.

We believe that by recognizing and valuing the uniqueness of each individual, the students learn from one another and grow into globally-minded citizens. Diversity Day celebration stands as our reaffirmation of creating an inclusive and harmonious educational space.





Curricular Activities

EXHIBITIONS

The Clique: An In-Depth Look at 'Inside Out and Back Again'

Grade Five students carried out a post-reading activity after studying the novel 'Inside Out and Back Again' by Thanhha Lai. They collaborated with one another and completed various culmination projects such as multisensory presentations - an altar, a maze game, a puppet show, and the spring festival. Students also made presentations on the lunar calendar and the Vietnamese war. The 3D models of different Vietnamese delicacies - Banh Chung and Pate Chaud fascinated the audience.



Extra-Curricular Activities



ANNUAL SPORTS MEET

Students from Grades One to Eight enthusiastically took part in a diverse selection of games aimed at nurturing their confidence and fostering a strong sense of teamwork at the Ullens School Kathmandu's Annual Sports Meet.

The Sports meet was held at APF Stadium, Halchowk, from February 29, 2024, to March 1, 2024. The students enthusiastically took part in different track and field events such as the 100-meter race, medley relay, 200-meter race, etc. Fur-

ther, Elementary School Tier I and II students were engaged in fun games like hurdle jump, sack race, tug of war, etc while Elementary School Tier III students took part in exciting football matches, volleyball matches, and high jump.

The event was more than just helping the students enhance their physical abilities; it was also about developing essential social skills such as discipline, perseverance, and resilience.



HEALTH CAMPS AT ULLENS SCHOOL KATHMANDU



Students' wellbeing is a top priority at Ullens School Kathmandu. Recognizing the significant impact of health and wellbeing on a child's development and academic success, the school was able to organize two different health camps for the students. Firstly, the school partnered with Dr. Deepika Malhotra and organized a two-day-long Eye Camp on the school premises. Then, with the help of the Ministry of Health and Population, Government of Nepal, Ullens School Kathmandu was able to vaccinate its students with the Measles and Rubella Vaccine.



Celebrations at Ullens School Kathmandu

Class Days: Grades Two and Three



VA/PA Show: Grade Seven



Learning beyond the Walls



Overnight Trip to Ullens Outdoor Learning Center, Nala



As a part of the Outdoor Learning Project, Grade Three students went for an exciting overnight trip to the Ullens Outdoor Learning Centre located in Nala. This trip allowed students to immerse themselves in the stunning landscape of Nala all while developing essential life skills such as self-care.

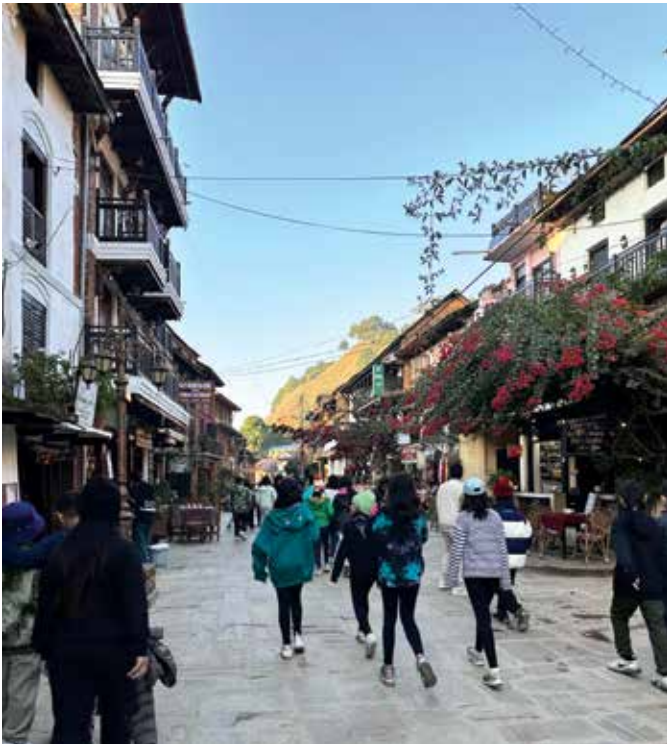
During the day, the students enjoyed hiking through the beautiful landscape of Nala and playing different team-building games. In the evening, they gathered around a barbeque for toasted marshmallows and headed to bed. This home-away experience equipped our students with crucial life skills of adaptability and endurance which will ready them to become independent in the future.

Trip to Narayanhiti Museum



Our Grade Two students went for an enriching educational trip to the Narayanhiti Palace Museum. Venturing beyond the classroom, the students delved into Nepal's cultural heritage and history by exploring the architecture and history of the Narayanhiti Palace, as well as examining artifacts linked to Nepali history and royalty.

TRIP TO BANDIPUR



Grade Four and Five students embarked on a three-night, four-day journey to explore the wonders of Western Nepal as a part of their Outdoor Learning Project. The students traveled from the bustling city of Kathmandu to the charming hilltop of Bandipur, then to the scenic Besi Sahar, followed by the culturally vibrant Ghale Gaun, the historic town of Gorkha, and finally back to Kathmandu. As the students traveled the diverse landscapes of Western Nepal, they were able to immerse themselves in the rich tapestry of Western Nepali cultures. Further, they also had an opportunity to absorb the captivating history of Nepal, gaining insights into the heritages that define Nepal.

MIDDLE SCHOOL OUTDOOR LEARNING PROJECT



As a part of the Outdoor Learning Project, Grades Six and Seven students went on a four-night and five-day journey to explore Ulleri, Ghorepani, and Poonhill.

In Ulleri, the students experienced the genuine warmth of local hospitality and also seized the opportunity to

visit a Community School. There, they engaged in friendly matches with the students of Shree Ulleri Primary School, actively participated in community service (handing over sports equipment), and conducted a comprehensive community survey, all in collaboration with the community school.

The next stop for the young explorers, before Poonhill, was Ghorepani, where they were captivated by the panoramic views of the majestic Himalayas. The pinnacle of their trek, Poonhill, unveiled a breathtaking sunrise over the Annapurna and Dhaulagiri mountain ranges, underscoring the grandeur of nature and the imperative of sustainable exploration. Some of them visited Laligurans Park.

This trip served as a platform for integrated learning for students as they wove through the rich tapestry of local traditions. Beyond the scenic beauty, this trip provided valuable life skills such as perseverance, making it a truly memorable experience for our students.



TRIP TO THE CENTRAL ZOO

Grade Four Students visited the Central Zoo as a part of their Transdisciplinary Themes (TDTs) curriculum. The main objective of this trip was to prompt students to engage in critical thinking regarding the living conditions and emotional requirements of animals in captivity. The students were guided on several key aspects such as fostering empathy, gaining an understanding of diverse vertebrate and invertebrate animals and their characteristics, exploring the impact of pollution and diseases on animals and their risky status on the edge of extinction, and examining how animals can serve as carriers of communicable diseases.

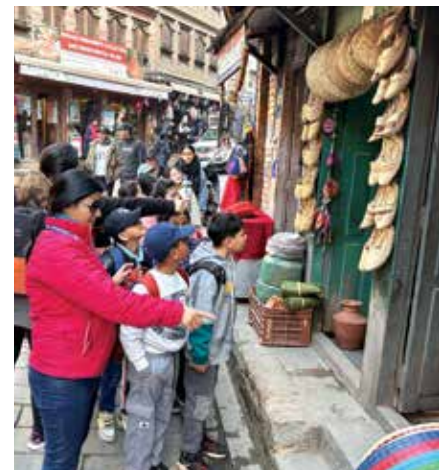
FACTORY VISIT TO ARA NEPAL

Grade One students went on a factory visit to a Nepali shoe company, "ARA NEPAL". This experience helped them bridge the gap between classroom learning and real-world applications, allowing the children to witness the journey of a daily use product from creation to consumption. Further, this visit not only provided them with an opportunity to witness the intricate shoe-making process but also sparked curiosity and instilled a deeper appreciation for different jobs. The students loved watching the entire production cycle, from materials to the finished shoe.



LOCAL MARKET TOUR AT BHAKTAPUR

As our third graders were learning about the local products and their importance for economic growth, they went on a trip to explore the local market and observe how local products such as pottery and handicrafts are made in Bhaktapur. They started their day by exploring the local market in Bhaktapur and observing the locally produced goods. Then the students had fun making pottery and to wrap up the day, the students tasted the local delicacy of Bhaktapur 'Juju Dhau'.



LEARNING AT THE VEGETABLE MARKET

Fourth graders went to Chabahil Vegetable Market to learn about money, measurement, and economic activities. This trip allowed the students to bring their classroom knowledge about weight, volume, and length into real-life applications by engaging in activities related to buying and selling vegetables. Further, the students learned to apply mathematical concepts like addition, subtraction, multiplication, and division into practice. The students also gained insight into the concept of demand and supply, the pricing of goods, and the role of wholesalers in the market.

This trip provided the students with hands-on learning and experiential understanding of various mathematical and financial concepts.



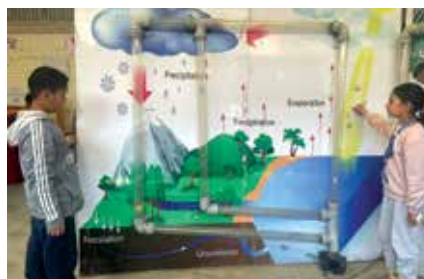
UNDERSTANDING LANDFORMS

As a part of the Transdisciplinary Themes (TDTs) curriculum, Grade One students went on a field trip to "Tarey Bhir". The objective of this trip was to help the students grasp a better understanding of the concept of "Landforms". During the trip, the students engaged in various activities such as observing and exploring the landform of Tarey Bhir, and participating in discussions about landforms which helped them enhance their classroom learning.



GRADE FIVE AT SCIENCE SIMULATION CENTER

Grade Five students went on an exciting trip to the Simulation Science Centre. This trip served as an opportunity to show the fifth graders that science is more than just words in a book, it is a thrilling real-world adventure. Through hands-on experiences, students were able to deepen their appreciation and understanding of science, making it more tangible and relatable. This trip was about bringing their previously learned classroom concepts such as the Water Cycle, Our Planets, States of Matter, Energy, and more, to life through engaging experiments and activities at the center.



HIKE TO SHIVAPURI-NAGARJUN NATIONAL PARK

To explore one of our Transdisciplinary themes (TDTs), 'Our Interaction with Physical and Biological World', the third graders embarked on an enriching educational hike to Shivapuri Nagarjun National Park. During the hike, the students keenly observed, explored, and learnt about biodiversity, forest environment, altitude, location, origin, and area of the forest.



More Knowledgeable Other

EARTHQUAKE DRILL

Nepal is ranked as the 11th most earthquake-prone region in the world which underscores the critical need for proactive disaster preparedness. In our commitment to ensuring the safety of the students in the face of unforeseen disasters, we collaborated with the Armed Police Force (APF) to conduct an impactful Earthquake Drill. Deputy Superintendent of Police (DSP) Laxman Bahadur Basnet and his team briefed our students on the earthquake and its safety measures, followed by practical demonstrations for our students.



TRAFFIC AWARENESS PROGRAM

Students from Grades Four to Seven attended a session on 'Traffic Awareness' initiated by the Nepal Traffic Police and facilitated by Assistant Sub-Inspector Ishwor Bhandari. This session aimed to provide the students with valuable insights into traffic rules and the importance of abiding by them. We believe that it is through these sessions that the students truly understand the significance of responsible behavior, which is crucial to their holistic growth.



THEATRICAL SPOTLIGHT

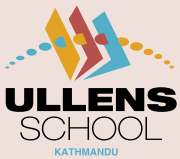
कोही किन बरबाद होस्

मिति २०८०/०७/२४ गते शुक्रबारका दिन कक्षा सातका विद्यार्थीहरूले नेपाली भाषाको वार्षिक पाठ्यक्रममा समावेश गरिए अनुसार विजय मल्लद्वारा लिखित “कोही किन बरबाद होस् ?” शीर्षकमा नाटक मञ्चन गरेका थिए । कोही पनि बालक जन्मदै खराब हुँदैन, उसलाई समय, परिस्थिति र समाजले खराब बनाउँछ भन्ने कुरालाई नाटकमा अत्यन्तै मार्मिक रूपमा प्रस्तुत गरिएको थियो । यस सिकाइ प्रक्रियाले विद्यार्थीहरूमा सामूहिक कार्य, नेपाली भाषाको सुनाइ र बोलाइ सिपको विकास साथै आत्मविश्वास र सृजनात्मकताको विकास भयो । विद्यार्थीहरूले ज्यादै रुचिपूर्ण र रमाइलो तरिकाले नाटक मञ्चन गरेर नाटक सफल पारेका थिए ।



लेखक अन्तरक्रिया कार्यक्रम

लेखक अन्तरक्रिया कार्यक्रम अन्तर्गत कक्षा छ का विद्यार्थीहरूले श्रीश भण्डारीद्वारा लिखित प्रेरणामूलक किताब अठोट, खगेन्द्र लामिछानेद्वारा लिखित ‘फुर्के’ आत्मकथा र प्राथमिक तहका विद्यार्थीहरूले लेखक यशु श्रेष्ठले लेख्नुभएको विभिन्न पुस्तकहरू अध्ययन गरेर छलफल र विश्लेषण गरेका थिए । उक्त कार्यक्रममा प्रश्नोत्तर, पुस्तक लेख्ने सोच कसरी आयो, परियोजना कार्यको प्रदर्शन, किताबको बाहिरी आवरण छलफल जस्ता कार्यहरू गरेका थिए । उक्त कार्यक्रमबाट विद्यार्थीहरूले आफ्नो रुचिलाई पहिचान गरेर अगाडि बढ्न सके जुनसुकै कार्यमा सफलता पाउन सक्ने प्रेरणा पाएका थिए ।



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